

SALAD BAR

SALAD BAR BUFFET | \$23

includes sliced fresh fruit, artisan rolls, and fountain carafes of fruit & herb infused water
additional protein | \$7 additional salad | \$5

PLEASE CHOOSE TWO PROTEINS

sea

cedar plank salmon ^{GF} | grilled sweet chili prawns ^{GF} |
tempura battered cod | imported olive oil packed tuna ^{GF}

land

char-grilled flat iron steak with chimichurri ^{GF} | smoked pimentón rubbed skirt steak ^{GF} |
rosemary roasted leg of lamb | pan seared tofu with hoisin barbeque glaze ^{VEGAN} | crispy falafel ^{GF VEGAN}

air

lemon herb grilled chicken breast ^{GF} | pulled Hawaiian BBQ chicken ^{GF} |
southern-style hot chicken bites | Hudson Co. duck confit ^{GF}

PLEASE CHOOSE THREE SALADS

ALL SALADS ARE COMPOSED; INGREDIENTS MAY BE REQUESTED ON THE SIDE

MIXED BABY FIELD GREENS ^{GF VEGAN}

shaved carrot | cucumber | toasted pepitas | champagne vinaigrette

HEIRLOOM ROMAINE BLEND ^{GF}

heirloom tomatoes | ricotta salata | grilled watermelon | basil dressing

PETITE ARUGULA ^{GF VEGAN}

shaved fennel | sliced strawberry | aged balsamic

TUSCAN KALE CAESAR SALAD ^V

radish | teardrop tomato | brioche crouton | smoky pimentón dressing

HEIRLOOM MELON CAPRESE SALAD ^V

Celiegine mozzarella | focaccia croutons | basil | green apple | white balsamic vinaigrette

GREEN PAPAYA POK POK SALAD ^{GF}

savoy cabbage | long beans | shallots | red chili | tamarind | lime juice

BABY SPINACH SALAD ^{GF}

roasted pear | candied pecans | chèvre | sherry shallot vinaigrette

GREEN GODDESS SALAD ^{GF}

watercress | red sorrel | green apple | toasted walnut | crispy sweet potato

TRADITIONAL NIÇOISE SALAD ^{GF}

green beans | chopped egg | cherry tomato | breakfast radish |
red bliss potato | olives | Bibb lettuce | white wine Dijon dressing

SUPER-GRAIN SALAD ^V

red quinoa | teff and chia seeds | grilled fennel | roasted garlic | shaved carrot | citronette

MEDITERRANEAN FREGOLA

toasted fregola pasta | roasted zucchini | piquillo peppers | crumbled feta | lemon herb dressing

FUEL UP – TAKE OUT SALADS | \$24

our bagged salads include one salad, one protein, artisan bread, and Poland Spring bottled water

proteins: cedar plank salmon | grilled flat iron steak | grilled chicken breast | BBQ tofu

salads: baby field greens | romaine blend | kale Caesar | green goddess

add on: kettle chips \$3 | seasonal whole fruit \$4 | house baked cookies \$4 | soda \$2