



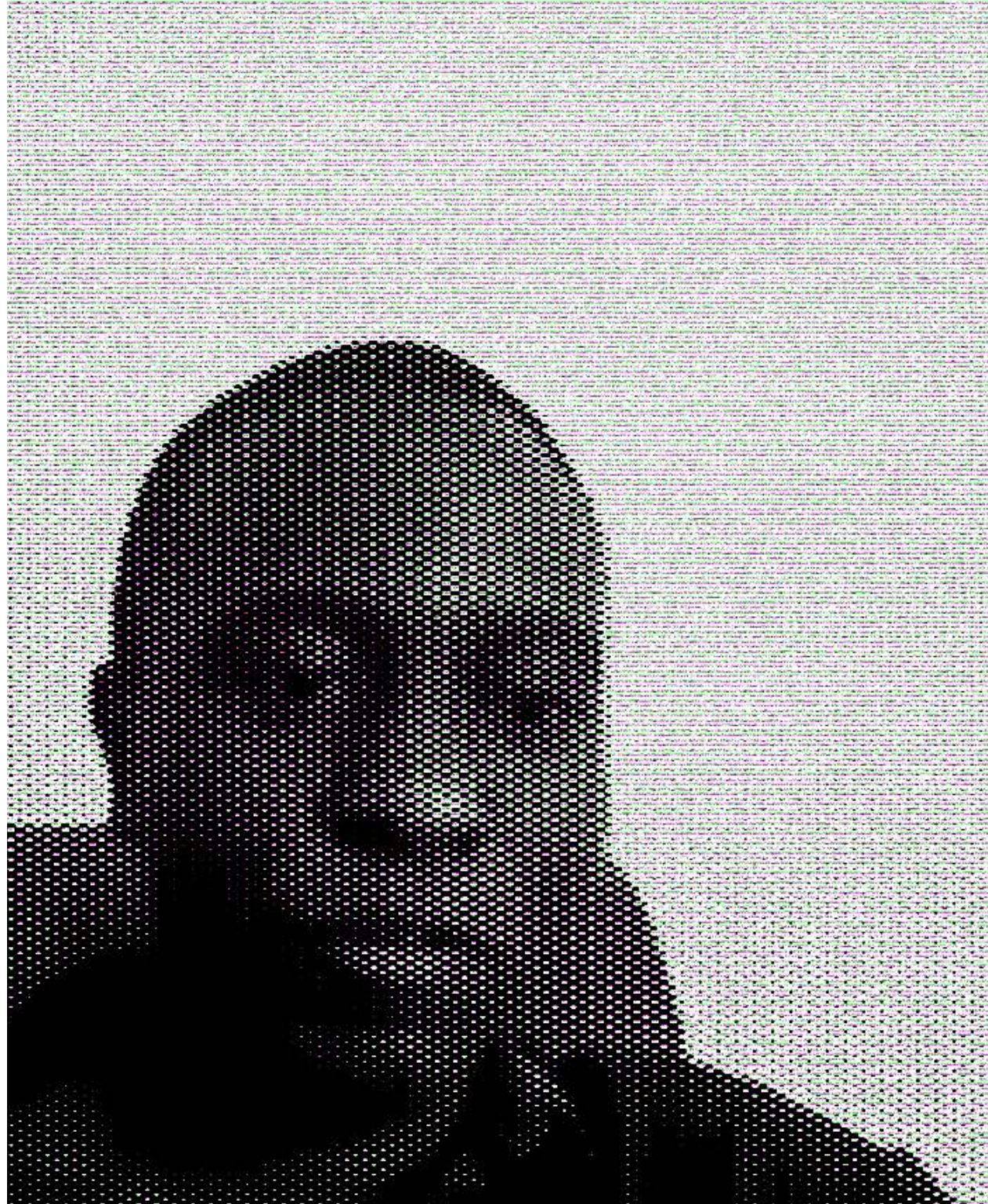
**PAR IS A
POLITICAL
PROCESS
OF
SHIFTING
POWER.**



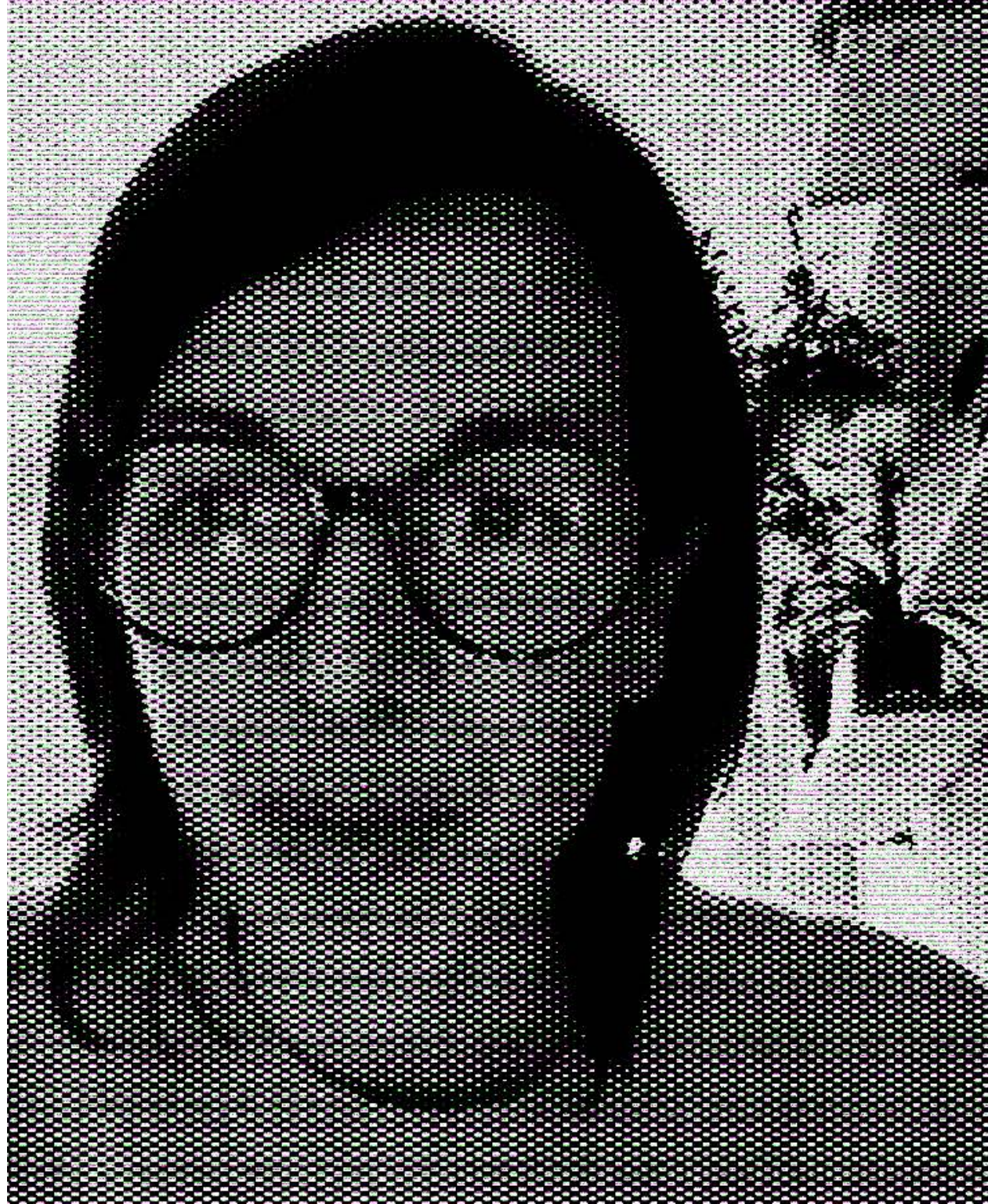
**PAR CENTERS
PEOPLE WHO
ARE SEEKING
JUSTICE, WHO
ARE
ADVANCING A
JUSTICE
AGENDA, WHILE
INTERROGATING
STRUCTURAL
SYSTEMS OF
OPPRESSION.**



**PAR IS ABOUT
MEANING
MAKING.
EVERYONE
WHO ENGAGES
HAS TO ASK
WHAT
STRUGGLES WE
ARE
SUPPORTING.
WHO WE ARE
WORKING IN
SOLIDARITY
WITH.**



**WE NEED TO
ADDRESS THE
VULNERABILITIES
OF ACTIVISTS
AND ORGANIZERS
ALONG WITH
POLITICAL
STRUGGLES.**





**THERE ARE SO
MANY
ENCOUNTERS
WITH
OPPOSITION
WHEN DOING
PAR WORK AND
IT IS
IMPORTANT TO
HOLD CENTRAL
THE WINS AND
THE
SUCSESSES.**

**IF POWER IN
COMMUNITY AND
MOVEMENT
BUILDING IS
BUILT THROUGH
CONNECTIONS,
THEN IT IS
IMPORTANT TO
PUSH FORWARD
THESE
CONNECTIONS
NOT JUST WITHIN
COMMUNITIES
BUT IN THE
WIDER POWER
STRUCTURES.**





**PARTICIPATORY
ACTION
RESEARCH
SHIFTS POWER
IN TERMS OF
WHO IS THE
KNOWER.
SHIFTS THIS
WITHOUT
EXTRACTING
KNOWLEDGE BUT
BUILDING
KNOWLEDGE.**



**IT IS NOT
ACADEMIA
THAT WILL
DEFINE THE
PROBLEM, IT IS
THE PEOPLE
WHO ARE
IMPACTED BY
AN INJUSTICE,
WHO KNOW
THESE
STRUGGLES
MOST
INTIMATELY.**