Time keeper for today:
Note taker for today: Emese
Recording: Not today

9:00 9:15

Sukti and Meg

### https://www.youtube.com/watch?v=WPzbGpe8HN0

Celebrate the week, reflect on the past few days, screenshots from the past week? Share agenda for the day

Padlet map of solidarities and struggles

https://padlet.com/emeseilyes/e08ewnuo7porjcxc

Potential: to screen share to show or share links in chat. Each place on the map includes a photo of someone with their offering on Monday.

9:15 9:55

Mela Tree of Hope exercise

What do you want to do with PAR? What are we taking away with us?

- Tree of Hope/Power
- · Beginning and end
  - Monday include the tree
  - Friday, end with the tree
- What grounds you (roots), trunk (what keeps you standing, what you want to give to the world)...
- How we connect as a group.

# 9:55 to 10

break with music

10:00 10:10

**Emese** 

3 person conversations/deep reflection Slide with questions Prompts: What has the lab stirred up for you in terms of your work?
How will you use what you experienced during the LE Lab in your work/life?
What have we picked up along the way to support our work? What is something we know we can count on that we didn't know before? Network web...phone a friend...

. . .

10:10

10:35

Mela

Share back, collective listening and holding

10:35

10:55

# Sukti and Meg?

What is next? Sprinkle possibilities

I wonder if a Padlet might be a fun way to organize these ideas, something we can collectively add to?

### <u>Communication + Resources</u>

- -Whatsapp
- -Teatime (next month)
- -Accompaniment
- -People want resources [protocols]/GoogleDrive

### 10:55

Dance party, celebration?



One word and see you soon! (Maybe we do not do the one word today...)