

B. Health, Wellness, and Disability Services

Wellness Exchange

726 Broadway Suite #402
Telephone: (212) 443-9999
nyu.edu/999
wellness.exchange@nyu.edu

The Wellness Exchange is your key to accessing NYU's extensive health and mental health resources. A central feature common to all these services is a private, 24/7 hotline **(212) 443-9999** that puts students in touch with professionals who can help them address day-to-day challenges as well as other medical and mental health related concerns.

Student Health Center (SHC)

726 Broadway, 3rd and 4th Floors
Telephone: (212) 443-1000
nyu.edu/shc
health.center@nyu.edu

All matriculated students may use the Student Health Center (SHC) whether enrolled in an NYU-sponsored student health insurance plan or maintaining alternate health insurance coverage. No student will be denied services. The multidisciplinary staff of board certified physicians and highly trained clinicians provide confidential comprehensive health and wellness services for routine and acute medical care, counseling and behavioral health, and health education.

SHC offers routine and walk-in primary care and women's health services at no cost or reduced cost. In addition, short-term counseling (talk therapy) and crisis services are free of charge. There are fees for some procedures performed at the SHC. These fees will be billed to the student or his/her insurance company. Students may be billed for deductibles, co-insurance or fees not covered by insurance. A Sample of Services Chart showing a sample list of free and billable services can be found at nyu.edu/shc/about/.

Please visit the SHC website for hours of operation and additional information about each its services.

Medical Services at SHC

(212) 443-1000
nyu.edu/shc/medservices/

In addition to primary care and women's health services, SHC provides the following medical services: allergy, immunology and travel medicine; HIV testing and counseling; behavioral medicine; dermatology; endocrinology; gastroenterology; neurology; nutrition; orthopedics; psychiatry; physical therapy; pulmonology; radiology; and sports medicine. Complete optometry services including eyewear and contact lenses, and pharmacy services are also available.

Counseling & Behavioral Health Services (CBH)

726 Broadway, Suite 471

(212) 998-4780

nyu.edu/counseling

Wellness.exchange@nyu.edu

CBH offers confidential psychological assessments, short-term individual counseling, psychiatric medication management services, group counseling and self-improvement classes. Students can contact CBH for help dealing with a variety of personal problems such as: depression, anxiety, stress, loneliness, family or other relationships, alcohol and other drugs, eating disorders, sexual issues and self-esteem issues.

Students who need longer-term therapy can receive referrals to private therapists or low-fee community clinics. Students are strongly encouraged to have any specialized support service needs in place prior to coming to NYU.

Health Promotion Office (HPO)

726 Broadway, Suite 358

(212) 443-1234

nyu.edu/shc/promotion/

health.promotion@nyu.edu

Welcoming and non-judgmental HPO health professionals and peer health educators provide comprehensive and culturally sensitive information, programs and workshops, one-on-one consultations, awareness events and other outreach services that support informed decision-making. HPO provides information and resources regarding: alcohol and other drugs, body image, eating and nutrition, intimate partner violence, men's health, relationships and communication, sexuality and sexual health, sexual assault, smoking cessation, study drugs, stress, and women's health.

Student Health Insurance Services

726 Broadway, Suite 470

(212) 443-1020

nyu.edu/health/insurance

health.insurance@nyu.edu

New York University requires students to have health insurance that meets specific standards. Therefore, **most students are enrolled automatically** in one of several NYU-sponsored Student Health Insurance Plans as part of the course registration process. Students who maintain alternate health insurance coverage that meets the University's criteria can waive the NYU plan.

The NYU-sponsored Student Health Insurance Basic and Comprehensive Plans are designed to provide reasonably priced worldwide healthcare coverage for medically-necessary treatment.

Students seeking services in Manhattan must first seek treatment at SHC.

Students at the School of Law are enrolled in the Student Health Insurance Plans as follows:

International Students with F-1 or J-1 Status (any number of credits, degree and non-degree) are enrolled automatically in the **Comprehensive Plan**, but may select the Basic Plan or Waiver Option.

Students registered in a degree-granting program of 6 or more credits are enrolled automatically in the **Basic Plan**, but may select the Comprehensive Plan or Waiver Option.

Students registered in a degree-granting program of less than 6 credits are not enrolled automatically, but may select the Basic Plan or Comprehensive Plan.

For more information about the online enrollment and waiver process, deadlines, plan benefits and coverage for dependents, please review the *Guide to Student Health Insurance and Healthcare at NYU* available at nyu.edu/health/insurance.

Whether or not you waive the NYU Student Health Insurance Plans, all matriculated students have access to the many no cost or reduced cost services at the Student Health Center.

Health Requirements

NYU students are required to submit the following information to the Student Health Center. Timely completion allows the SHC to serve students in the best possible manner.

1. New York State Public Health Laws 2165 and 2167 require that all students taking six credits or more:
 - a) Provide proof of immunity to measles, mumps and rubella.
 - b) Submit a Meningitis Response Form
2. Health History Questionnaire

The health history information is required to assist SHC staff in understanding your health care needs so that the best treatment can be provided when, and if, you need it.

For more information about immunization documentation and the Health History Form, please visit nyu.edu/health/requirements

** Students who are not in compliance with state mandated immunization requirements will not be permitted to register for classes for their second semester.*

Moses Center for Students with Disabilities

726 Broadway, 2nd Floor
(212) 998-4980 TTY
Facsimile: (212) 995-4114
nyu.edu/osl/csd/

The University provides an array of services for students with disabilities through the Moses Center. General services provided include testing accommodations, adaptive computer equipment, sign language interpreters, and readers. Any student who needs accommodations must submit documentation to the Moses Center. The Moses Center evaluates the documentation, determines what reasonable accommodation is appropriate, and reports this finding to the Law School. In order to preserve anonymity in grading, students should not discuss accommodations with the instructor in a course. Students may contact the Moses Center directly or call the Office of Academic Services for more information and a referral.

University Dental Clinic

New York University College of Dentistry
418 Lafayette Street, Suite 350 (between Astor Place and East 4th Street)
Weekdays between 8:00 a.m. and 8:00 p.m.; Fridays until 6:00 p.m.
(212) 443-1313
Facsimile: (212) 443-1331
nyu.edu/dental/patientinfo/nyu_stu-dent.html

The dental school is generous in providing clinical services to the rest of the university community. All NYU students are invited to join the Stu-Dent Plan, a special dental health care program that provides a number of restorative and maintenance services for a reasonable, prepaid enrollment fee. Appointments are available on weekdays from 8:00 a.m. to 8:00 p.m. On holidays and after normal business hours for the NYU Dental Faculty Practice, emergencies (limited to excessive bleeding, swelling, oral infection, and/or traumatic injuries) will be treated at the Bellevue Hospital Center Emergency Room, 462 First Avenue at 27th Street (212) 562-3015.